



Every child is different and in a different place in their journey! Please use these ideas as appropriate for you, your child and your family.

# JOY PARENTING *Prompts*

ELEMENTARY

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This week, point your child towards joy.  
When your child wakes up, help them feel joy with a smile and a hug.

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As you guide your child to school ask "What will be the best part of your day today?  
What part of the day are you not looking forward to?"  
Share your answers to the questions as well.  
Take a moment to read "Psalm 16:11 with your child  
and let them know "Today, you can find joy in God's presence.  
In the best parts of your day and in the worst parts too."

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Make sure you prioritize joy in your house. Playing with your kids shows them you like them.  
Make sure to have some undistracted fun with them this week!  
You'll increase your connection with them when you enjoy time together in laughter and fun.

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Remind your child of their past successes.  
Be the cheering fan club that consistently points out the barriers your kid has overcome.

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When disciplining your child, first stop to connect with their heart before correcting.  
Ask yourself "why did my child act this way?"  
Follow discipline with more connection.  
Playing together after discipline is a great way to help your child feel the joy of forgiveness.

