



Every child is different and in a different place in their journey! Please use these ideas as appropriate for you, your child and your family.

JOY PARENTING *Prompts*

INFANTS

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When greeting your baby in the morning, pick them up and say:
"Good morning! I see something that brings me joy and brings joy to God ... YOU!"

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What does your baby seem to enjoy the most right now?
If your baby is old enough, what are some activities that make you and your baby laugh?
Set aside times during each day to have fun with your baby.

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Today think about some of the things you have noticed about your baby in this phase that bring you joy.
Praise God for each of these things and write them down in a journal or note, so you can treasure the joys of parenting your child!

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By meeting your baby's needs, you are setting the stage for how your child will trust you and trust God.
As your baby develops, be mindful of the different sounds they make for specific needs.
As you respond to the sounds of your baby, know you are encouraging your baby to trust you and pray for God to continue to build a great connection of trust and joy.

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It takes relentless effort to meet the needs of a baby.
What can you do this week to refuel so you are able to respond to your baby's needs with the joy and love they need?

