

Every child is different and in a different place in their journey! Please use these ideas as appropriate for you, your child and your family.

PATIENCE PARENTING Prompts

INFANTS

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As parents, we often want to rush through the hard parts – like when our newborn still wakes up every two to three hours throughout the night – to the good parts that await on the other side of the struggle. When you find yourself wanting to hurry through a growing pain, ask God to fill you with patience and confidence that He is with you through the hardship.

Find moments of silence (a rarity in a home with children!) to quiet your soul and wait on God. When your baby is awake and content, have a time to keep other distractions silenced to teach your baby to appreciate silence.

This week, make your prayers a continual conversation with God. Use the rhythms of your baby's routine as a prompt to have ongoing communication with God and allow your prayers to be heard by your baby.

Read the Bible with your infant. Open the Bible in front of them and encourage them to touch the pages. Pray to delight in God's Word and ask God to grow a love for His Word in your child.

