



Every child is different and in a different place in their journey! Please use these ideas as appropriate for you, your child and your family.

KINDNESS PARENTING *Prompts*

TEEN

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Start your teen's day off with some encouraging words. Leave them a sticky note somewhere they'll see it - either a bathroom mirror, computer screen, or car dashboard.

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Ask your teen "What kind of friend do you want to be?"

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Ask your teen "How have you seen God's kindness lately?"

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At a meal this week, go around the table and ask each person to say something they like about the person to their right.

